



***Nepal with Glen and Pushpa and Karchan in Brittany***



Elaine: A few months ago I met up with Glenn Lorillec who was about to set off, well, err, to a very extraordinary, a very extraordinary expedition to Nepal. This had come completely of his own idea and he followed it up, followed the information with Projects Abroad and in July set off on his epic adventure. He's now back and I'm catching up to find out how everything went. First of all Glenn, could you tell us about the journey to Nepal? How long did that take?

Glenn: I take 3 weeks in Nepal and I stay one week for playing and painting at school and for the weekend I was outside of Kathmandu the capital city, in Pokhara and Chitwan for tourism.

Elaine: And how many other young people were involved in the project?

Glenn: Err, Just in the 3 weeks the group of 3 week we was err, we were sorry, 11 people - 3 from France, 1 Japan, 1 US, Spain, Italy, and um, Netherland.

Elaine: And in what language did you communicate, bearing in mind where they all came from?

Glenn: All speak English for others understand people of other country, but if you know the language of the country or me speaking with French people we were speaking French or the same language.

Elaine: Well obviously that's a little bit of a break then if you're having to focus on English all day.

Glenn: Yeah..

Elaine: So could you describe a typical day?

Glenn: So we wake up at 7 and take the morning lunch. And at 9 we go for school for 45 minute driving and arrive at school at 10. Err, we start painting and we finish at 12.30 and at 1 or 2 after dinner we start painting and play with children and we go out at school at 4 or 7.

Elaine: So, you talk about painting - what painting was this?

Glenn: Err, We were water painting in the wall of school inside and outside.

Elaine: Right. That sounds amazing and I'm sure very very colourful.

Glenn: Yes

Elaine: How did you find the Tibetan food, a little bit different from French?

Glenn: Err, Not so just for the lunch of, just for the lunch it was um, Nepalese food with a lot of spicy but for morning and evening it's like French food so with fries and crisps

Elaine: Oh of course, yes, (laughs) international food ...

Glenn: Yes, completely



Elaine: ... chips go all around the world.

Glenn: Um, um

Elaine: What has left the strongest impression from this experience?

Glenn: I think the landscape it's so beautiful, we can see all the mountain of all

Elaine: Well this is it, compared to obviously to Brittany and to France you've got, this area anyway, you've got those amazing mountains. And were the people very friendly?

Glenn: Yes, very friendly and all the children too the school was very friendly with us and other volunteers.

Elaine: I bet they were delighted to see you. You obviously said the landscape has left the strongest impression, and no doubt the friendliness of the people. So where do you plan on going to next?

Glenn: Err, I don't know because it's hard for me for now what I want to do err for my future. All this project was good one time because I have a lot of sponsoring but for another time I don't know so I will see.

Elaine: Time for a little pause - petit pause to get back to school work and then to think about next point of adventure

Glenn: Yes

Elaine: Thank you very much Glenn and we wish you the very very best of luck.

Glenn: OK, Thank you.

Elaine: Well after talking to Glenn, I'm now talking to 2 students from ONG Little World Nepal who are spending some time over here in Brittany so I'm just going to ask them to introduce themselves and tell us what brought them here to Brittany. First of all

Pushpa: Hello, my name is Pushpa Hari Karki and I've been staying in France since last 7 months and it's err the Association of Britain, Brittany Association, named Little World Nepal France which have been helping us for our study and um, also for our stay in Brittany.

Elaine: And you are?

Kanchan: Hello, my name is Kanchan Tamang and I'm from Nepal eastern part of Nepal, from Dolakha so I have been here in Britain since err, 2 years. Err, I was studying French language err so err from October I will continue my cuisine in Dinard so I'm happy to be here in Dinard so Little World



Nepal France is helping helping me when I was 9, 10 years old I know (??) Nepal so I am here now they are helping me.

Elaine: Because I understand you are at a cookery school in Dinard

Kanchan: Yeah, I'm already start my cook, err, cook err,...ing course in Dinard premier, first October.

Elaine: So are you enjoying it?

Kanchan: Yes, I'm happy

Elaine: It's a beautiful place to study

Kanchan: Yeah, yeah, yeah, yeah, exactly

Elaine: Well I think also though you have a big advantage both of you have is your skill in speaking English and French and other languages too and that is always needed in the hospitality industry.

Pushpa: Exactly, yes

Elaine: It's the way to go now. So how do you what would you say is the biggest difference between your life in Nepal and here in Brittany?

Pushpa: It's a good question So first of all to talk about Nepal. It's a beautiful country with a beautiful landscape but Nepal it's really backward in the sector of the government so if, if we talk about the villages that the Association is helping currently those are the villages which are completely lost. They are completely isolated so being here in Brittany or in France we feel like we are in another world.

Elaine: Absolutely, well it couldn't be more vast the difference really. It's such a complete contrast. So what do you think about French food then, Kanchan?

Kanchan: (laughs) .. French food is popular in the world so I was thinking when I was in Nepal that to learn cook French cook that it will help in my life and to find a job so in Nepal also now it's touristic and most of the big hotels are developing it will be good for me for my future.

Elaine: To have the range of western food and then the Asian.... well the eastern food. A little bit more than just yak ...

(laughter)

... in all its forms. So how do you find the people here in Brittany?

Pushpa: They are very essential, hospitable. Much of the people that we meet here they are very kind to us. I don't know whether it's because of the Association which is helping us but they are very kind and generous.

Elaine: And hospitable I think?



Kanchan: Yeah

Elaine: I think we I think because Brittany is so underpopulated in many respects you know compared to other places, people have time, time to be friendly and welcoming. When you go back to well, hopefully you're not going back soon, Kanchan, but what would you most remember, what would you tell people about Brittany that really has made a strong impression?

Kanchan: Firstly I was visiting when I arrived I visit to Marseilles, south of France, I go I also in Paris also but it was very crowded so Britain I don't like it like Britain, Britain is greenery, people are kindly so I love Britain.

Elaine: Good, good. Well we hope you'll stay here and wish you the very best of luck in your career

Kanchan: Thank you very much

Elaine: And I look forward maybe to catching up with you again some time. And also to you Pushpa, I wish you the very best of luck

Pushpa: Thank you very much

Elaine: ...and when you go back or to Nepal or if you're telling people, what would you say has made the strongest impression?

Pushpa: Little World Nepal France because of which we are here today because of which we are able to continue our study over here, so and of course we will talking about the development that we see over here and we will try to, we will try, we will also try to err, use, use all these skills and all these that we learn here....

Elaine: Use them back in ...

Pushpa: ..in Nepal

Elaine: ... in Nepal. Well I wish you the very best of luck and I think it's truly inspiring to find both of you over here and I've really enjoyed meeting you.

Pushpa: Thank you very much

Elaine: Thank you