



Women's Rugby

Rob And I'm talking to Aurélie now who is a player for the Carhaix Team. What do you like about Rugby for women?

Aurélie I like the team, I like the ambiance.

Rob the atmosphere.

Aurélie I like the atmosphere. I like to play. It's a good way to get fit, I think.

Rob How often do you play?

Aurélie Twice a week. Each Wednesday and each Friday.

Rob And how many are in the team?

Aurélie I think we're about fourteen or fifteen. Not each time but.....

Rob You're a very sporty person - you like other sports as well?

Aurélie Yeah, I like to go running and swimming too. I've been practicing for ten years .

Rob How come you ended up playing women's Rugby?

Aurélie Well, it's my, my work colleague was who spotted the team and she asked me to, to come with her.

Rob And you were not disappointed, you enjoy it?

Aurélie No, not at all it's really good.

Rob And what's so different about women's Rugby? Why is it different to men's Rugby?

Aurélie Oh, it's a good question. I don't know - maybe...

Rob Is it so rough. Can you be hurt?

Aurélie Yeah. It's rough. You can be hurt - of course. But it's not as rough, maybe.

Rob OK, OK. Thank you Aurélie .

Rob Your coach, Bernard, a gentleman amongst all these ladies. Bernard, is it a difficult job to train a women's team?

Bernard It's different that training your men, but it's agreeable.

Rob You've trained male teams as well?

Bernard Before I trained men's teams and now I train young child 12 year.

Rob And how is the training of women different?

Bernard: ??

Rob So they listen to you more than men?

Bernard Yes.

Rob Interesting.

Bernard ??

Rob So they make quicker progress?

Bernard: ??

Rob Thank you very much.

Bernard Thank you.

Rob So, Aurélie . How long have you been playing Rugby.

Aurélie A year, something like that.

Rob What brought you into the game?

Aurélie I don't know. I just see the guys every Sunday and wanted to play as well. Err, I think three years ago we just started the team, a girls' team. I had to stop because I was pregnant so I stopped for a year and a half and now I just came back to it because I really like it. I like the team spirit, I don't know, we are all friends, and we..... it's a really nice sport to play because it's really..... It brings a lot of human values and, I don't know, it's great, I love it.

Rob What's happening here today?

Aurélie There is a tournament. It's just touch so there is no...

Rob Tackling.

Aurélie Tackling - exactly. And we can play with boys and girls in the same team so that's quite good.

Rob And teams have come from all over.

Aurélie Yeah, yeah, all over Brittany.

Rob You recommend this sport for ladies?

Aurélie Yeah, of course. We are... we try to bring more ladies in the team because we are a bit short in, yeah, in ladies. So, yeah, come, we have really good fun and yeah, it's great to play with, with other girls and we laugh a lot.

Rob It's a very physical game.

Aurélie Not really, you have to run a bit but after two or three training you can just... it's just coming and it's really easy. We don't, we don't, uh, push too much.

Rob Yes, it's fun.

Aurélie Yes it is

Rob It mustn't be too serious.

Aurélie No and we don't play like in the tournament we just play twice fourteen minutes so it's not as the boys or girls in professional - it's not like when you're playing with fifteen other people. It's just.....

Rob OK, so it's not too strenuous.

Aurélie No.

Rob I glad to see that there are certain people who when they come off the pitch they light up a cigarette.

Aurélie Yes whatever they want.

Rob Are you about to play soon?

Aurélie Yes.

Rob Are you going to play in the seven-a-side?

Aurélie Yes. I'll try.

Rob Good luck.

Aurélie It will be my first time - playing in a real tournament, tackling.
Rob Well, we'll be on the sidelines, cheering you on.

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Rob And now I'm talking to Aurélie's husband, Donovan. Donovan Waugh.
You're also a Rugby player.

Donovan Exactly.

Rob You come here to support your wife?

Donovan Yes. The good thing is that we can support each other. When I play she comes and sees me and when she plays I come and see her and it's, it's actually quite thrilling to see them in the studs and the shirts - some men wouldn't like that but I find it very...

Rob It's good - it's exciting, isn't it?

Donovan Not only exciting, but I think that everybody's got their place in Rugby. The ethos of the sport is there - solidarity, everybody's got a place and I find it important to, to, to support women's Rugby and women's sports so yes, I'm there for my wife but also for all the other girls that play Rugby and all the other girls that play any sports. What I find more frustrating is that I didn't know it was mixed teams so I would have liked to be able to play with my wife.

Rob Good luck.

Donovan Take care.

Rob Thanks.

