



Rostrenen Tourist Office - Dominique

Rob One of the most dynamic tourist offices in the region is the one at Rostrenen and one of the ladies running this great tourist office is Dominique. Dominique, hi, why do you think visitors should come to the central Brittany area?

Dominique Most of the visitors are coming to a Kreiz Breizh because it's a quieter area because you have got lots of natural spots. Er we got natural reserves lots of circuits to walk around and there's lots of patrimony

RobHeritage

DominiqueHeritage, heritage buildings to, to see, like chapels, churches lots of ancient buildings

Rob And the Canal of course.

Dominique And the Canal of course, lots of people are coming to the canal and er cycling along the Canal during the Summer.

Rob I think you can travel all the way from Roscoff.

Dominique Yes you can start in, you can even start in Great Britain, it's called the velo du Saints going down to Spain. But you can do it by part and one of the part is using the Canal starting around Brest.

Rob Very well worth a visit

Dominique Yes

Rob What special events are happening this year in the area.

Dominique Uh, this year you've got lots of events happening here. One of them is Tro ar Chapelioù which is going on since five years now. Its every Thursday during the Summer.

Rob Every Thursday?

Dominique Every Thursday and it has the same formula from three o'clock in

the afternoon you've got a walk and then you've got talking with some people about the chapel and in the evening you've got the concert. The very different music, you've, this year you will have Irish music, Scottish music, from Poland as well.

Rob And whereabouts are these concerts?

Dominique The concerts are taking place in the chapels.

Rob Oh *in* the chapels

Dominique In the chapels or churches

Rob Best place to listen to music

Dominique Yes (laughing) because of the acoustic

Rob Yeah, yeah. What else is happening?

Dominique Um you've got at the beginning of the Summer on the five and six of July you've got something called *Les Pistonay*. Which is a special weekend about radio controlled cars and some motor bikes. You've got a special event about contemporary arts as well. You've got two contemporary arts events actually. You've got one called *Lieux Mouvants* and you've got the second one called *Sans Expression* which is taking place during June and July and in the farms around here. Got several places where you can go and admires some arts in the farm. You've got the show at *Bon Repos*, the Sound and Light Show. That's a very nice show because you can hear and see all the central Brittany history. The history of the *Abbaye*, the monks and how the *Abbaye* was builded and er, um....

Rob Fell into disrepair

Dominique Yes

Rob I think it was ruined, I think, by the revolution or something

Dominique Er Yes

Rob And now it's being restored.

Dominique Yes it's restored has been restored for several years now. Now it's a place where you can see contemporary art as well every Summer and this year you will have a very special thing in the *Abbaye de Bon Repos* which is in French we call that *Realité au Monte* which means you will see by tablets like iPad you'll see the old *Abbaye*.

Rob Ok

Dominique It's a very special things

Rob A virtual, a virtual

Dominique Yes you will have a virtual Abbaye when you look at the places you will have on the tablets you will have the places like it used to be.

Rob OK that'll be good. Yeah, yeah.

Dominique This Summer you, you'll have the opportunity to visit the Kriez Breizh as well by Geocaching. At the tourist information we are guided Geocaching introduction

Rob Yeah. Is there going to be an introduction to Geocaching

Dominique To Geocaching yes. So I am taking a ten or fifteen people with me and we are going to a place to discover some places by Geocaching

Rob OK. It's a bit like a treasure hunt isn't it, Geocaching

Dominique A treasure hunt with GPS

Rob OK Great, What, there's lots of things are happening this Summer, what about next year?

Dominique Ah next year, next year is going to be a very special year because next year the lake of Guerlédan is going to be emptied. So there's going to have lots of things going on during the driedness of the lake.

Rob Yeah.

Dominique And hope it's the words. Probably not but....

Rob You'll be lucky, people will understand. Lots of different events

Dominique Yes lots of different events and the lake is going to be um emptied from April to November. So during one month it's going to be empty and then from May you'll have the opportunity to walk on the lake inside

Rob So you can find the old Canal?

Dominique We actually don't know how it will be because it has been thirty years since the last..

Rob Draining

Dominique Draining (laughter) So we actually don't know how it will be

Rob That's going to be great then to discover that.

Dominique Yes but thirty years ago you could see the old canal and the see old

houses you could actually um an old garden as well with all the stones around the garden

Rob OK

Dominique It was very impressive and that's probably what you will see next year

Rob Well all this information you are giving us is available at the tourist office

Dominique Yes

Rob I presume

Dominique Yes

Rob In French in English?

Dominique In French of course but in English as well because lots of English people are coming to the tourist board. So we've got lots of information in English, the first of all is the internet site which is translated in English and we've got different things like um the leaflets about some towns like Rostrenen, St Nicolas du Pelem, Gouarec, Maël Carhaix which are translated in English as well and the Geocaching leaflet will be all translated in English as well. So if English people want to, to come and rent the GPS with all the caches around here, they can as well and this year because we've got a walk circuits around here in French and we've got two in English as well, for English people, English walkers

Rob Ok, great, it was fantastic. A very active office with lots of visitors. Lets hope it's a brilliant Summer.

Dominique Yes thank you.

Rob Thank you very much Dominique.

