



Trémargat, Restaurant Coriandre

- Elaine I'm here at Coriandre in Trémargat to talk to Natalie ,who runs the Coriandre restaurant. So Natalie, when did you open the restaurant?
- Natalie Three years ago I opened the restaurant.
- Elaine Why here in Trémargat?
- Natalie Oh because I live in Trémargat since a long time, I have my families and my friends in Trémargat, and it's a very nice village and I want to prove its possible to, to make a restaurant here in a little village far away from the cities.
- Elaine And why the name "Coriandre"?
- Natalie Because I, I prepare food from world and Coriandre it's a spice we can find it everywhere in the world in Russia in China in Morocco everywhere, so I chose this name because of that, because I wanted make uh international of food.
- Elaine How many people are involved in running the restaurant?
- Natalie Oh we are only two. Because it's a help yourself, you help yourself for the entrée and the dessert, and we prepare the main course for you, but it's not...it's enough for two people.
- Elaine From where do you source your meat and vegetables, Is it local?
- Natalie Ah,yes, um yes. We prepare with organic food, the main course and everything and I wanted employed people all around...
- Elaine The local farmers and vegetables producers.
- Natalie Vegetables or meat or cheese or everything come from Trémargat, Rostrenen, Lanrivain, Maël Carhaix or everywhere around the.....
- Elaine So you are helping all the local producers?
- Natalie Yes I try, I try, except bananas of course.
- Elaine Maybe a trip to Morocco to find.....

Natalie Yes, yes.

Elaine Are your clientele... are the clients local people largely?

Natalie Yes local but from all of Bretagne because Coriandre is famous, a little bit, and lots of people knows us now and as they know that we make food, organic food and people come from everywhere in Bretagne.

Elaine It's your reputation, high reputation...

Natalie Yes maybe.....

Elaine Absolutely know, certainly. Why the set menu on a Monday lunchtime? How did you decide on that?

Natalie On Monday we make what we want. It's uh, also it's easier for us to begin the weeks like that, we make what we want and the people pay what they want.

Elaine Well I can say on the several times I've been here each time has been excellent.

Natalie And also the peoples are, um, sit together and it's good to speak but....

Elaine To communicate

Natalie To communicate to created

Elaine A lovely atmosphere for that reason, it's very very homely. So you told me that you decided Monday's menu when you come into the restaurant on a Monday morning. How does that work?

Natalie In the morning I decide what I will do. It's like that. I have, I usually work like that every morning, Friday, Wednesday, every morning I decide, when I see what I have and I decide what I will do.

Elaine Do you have any future plans?

Natalie Yes, for example I really would like make a veranda across for something like that one for instance, one day.

Elaine Yes. Well, I think you have done a really splendid job here and it has been really interesting talking to you and I shall be back soon. I can promise you that.

Natalie Thank you.

Elaine Thank you, and the very best of luck.

