

Horse Randonnée

Elaine In April in Plélauff there's a Randonnée à Cheval. It will be around the Forest of Quénécan, Gouarec, Liscuis and Bon Repos. Monsieur Bertelot is here to tell us about it.

I live in the Lande de Gouarec and each year, together with the Committee de Fêtes at Plélauff we organise the Randonnée à Cheval. At the same time there's a randonnée for walkers and for bikers. No, there's no danger of the bikes bumping into the horses, they're on different routes.

It's on the first of April this year. It's open to all so if you have a horse in good condition, you can do the twenty-four kilometres. But it's no problem if the horse is old or the rider is old, you can go at your own speed. Nothing is set. We start between nine and ten a.m.

You can register by putting your name down in advance or by phoning 02 96 24 85 11 or arrive on the day with your horse.

There are no major problems. Though we have to check and clear the paths and bridleways and put up the signs so that people do not get lost. There will be marshalls for safety and to help with directions.

At the halfway stage at Bon Repos there'll be refreshments and there's a meal at the finish for those who want it. When you start you can book the meal if you would like it.

Can you get onto the course as a spectator? Yes, it's open to anyone. It's no problem. Usually we have about fifty riders. It starts at Plélauff along the canal to Gouarec, up to Liscuis and down to Bon Repos. There's a circuit in the forest at Quénécan and that's with the Bois de Gouarec.

It's organised by the Mairie with the ACECA. The Association des Cavaliers d'Exterieur des Côtes d'Armor. This is the Association that looks after some five hundred groups throughout Côtes d'Armor who take care of two thousand five hundred kilometres of footpaths, bridleways and their signposts.

Yes, we want the English to participate. We know that many of the English here have got horses. We would like them to come, they don't need to be a member to participate.

If you would like to become a member, you can contact them on aceca@aliceadsl.fr for details and a list of events or check their website on www.ville-plerin.fr/aceca